

**Taps, Moves, Turns, Games and Helpful  
Technical Video Sites**

AGE: U6			
#	SKILL	Type	Link
1	Dribbling games	Games	<a href="https://www.youtube.com/watch?v=842fys6LjhA&amp;list=PLBW2jzybRstf5L_PmL8sT9rD4YPeriMKM">https://www.youtube.com/watch?v=842fys6LjhA&amp;list=PLBW2jzybRstf5L_PmL8sT9rD4YPeriMKM</a>
2	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=ysR5lelsQzs&amp;t=54s">https://www.youtube.com/watch?v=ysR5lelsQzs&amp;t=54s</a>
3	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=RWX00wOLAWQ">https://www.youtube.com/watch?v=RWX00wOLAWQ</a>
4	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=yP8-oZRV0QQ">https://www.youtube.com/watch?v=yP8-oZRV0QQ</a>
5	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=vkAK_69p86s&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=11">https://www.youtube.com/watch?v=vkAK_69p86s&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=11</a>
6	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=5DvqdF3oVSE">https://www.youtube.com/watch?v=5DvqdF3oVSE</a>
7	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=L1bqfJ29ij8">https://www.youtube.com/watch?v=L1bqfJ29ij8</a>
8	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY">https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY</a>
9	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY">https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY</a>
10	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=vy3Vp0nVYE4&amp;list=PLA756190883A0FDFF&amp;index=37">https://www.youtube.com/watch?v=vy3Vp0nVYE4&amp;list=PLA756190883A0FDFF&amp;index=37</a>
11	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=07lrS7lcm1E">https://www.youtube.com/watch?v=07lrS7lcm1E</a>
12	U6 Pack	Games	<a href="https://www.youtube.com/watch?v=842fys6LjhA&amp;list=PLBW2jzybRstf5L_PmL8sT9rD4YPeriMKM">https://www.youtube.com/watch?v=842fys6LjhA&amp;list=PLBW2jzybRstf5L_PmL8sT9rD4YPeriMKM</a>

  

AGE: U8			
#	SKILL	Type	Link
1	Ball Control	Juggling	<a href="https://www.youtube.com/watch?v=tQoVkd0Fyho&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=25">https://www.youtube.com/watch?v=tQoVkd0Fyho&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=25</a>
2	Ball Control	Juggling	<a href="https://www.youtube.com/watch?v=Nxr9Pev3e_0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi">https://www.youtube.com/watch?v=Nxr9Pev3e_0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi</a>
3	Ball Control	Juggling	<a href="https://www.youtube.com/watch?v=MBiUt_DRSu0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=2">https://www.youtube.com/watch?v=MBiUt_DRSu0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=2</a>
4	Dribbling	Dribbling	<a href="https://www.youtube.com/watch?v=gt82ixhaVY&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY&amp;index=3">https://www.youtube.com/watch?v=gt82ixhaVY&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY&amp;index=3</a>
5	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=ysR5lelsQzs&amp;t=54s">https://www.youtube.com/watch?v=ysR5lelsQzs&amp;t=54s</a>
6	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=RWX00wOLAWQ">https://www.youtube.com/watch?v=RWX00wOLAWQ</a>
7	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=yP8-oZRV0QQ">https://www.youtube.com/watch?v=yP8-oZRV0QQ</a>
8	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=5DvqdF3oVSE">https://www.youtube.com/watch?v=5DvqdF3oVSE</a>
9	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=dQvNyCxuQ4&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=6">https://www.youtube.com/watch?v=dQvNyCxuQ4&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=6</a>
10	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=bCbU43tJlQo&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=18">https://www.youtube.com/watch?v=bCbU43tJlQo&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=18</a>
11	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=2MdBVOjYsf8&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=28">https://www.youtube.com/watch?v=2MdBVOjYsf8&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=28</a>
12	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=2xtXSunfeDM&amp;list=PLO-zaZol7NeyWH63e-wglzRuF0BoX3uOU">https://www.youtube.com/watch?v=2xtXSunfeDM&amp;list=PLO-zaZol7NeyWH63e-wglzRuF0BoX3uOU</a>
13	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=G0Hal8w5Odw">https://www.youtube.com/watch?v=G0Hal8w5Odw</a>
14	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=bWWZ444wkUc">https://www.youtube.com/watch?v=bWWZ444wkUc</a>
15	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=L1bqfJ29ij8">https://www.youtube.com/watch?v=L1bqfJ29ij8</a>
16	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=48NPBAERqqQ&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=14">https://www.youtube.com/watch?v=48NPBAERqqQ&amp;list=PLBW2jzybRstemQTPGE-EHNkpUpM_uqlQM&amp;index=14</a>
17	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=C1zIgvL_Y&amp;list=PLmKgExFr6k32lk_9rqAuE_QoeRb7cz&amp;index=3">https://www.youtube.com/watch?v=C1zIgvL_Y&amp;list=PLmKgExFr6k32lk_9rqAuE_QoeRb7cz&amp;index=3</a>
18	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=2B0H8IC5UQ0&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY&amp;index=2">https://www.youtube.com/watch?v=2B0H8IC5UQ0&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY&amp;index=2</a>
19	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY">https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY</a>
20	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY">https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY</a>
21	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=y8TWiyItY8c&amp;list=PLA756190883A0FDFF&amp;index=38">https://www.youtube.com/watch?v=y8TWiyItY8c&amp;list=PLA756190883A0FDFF&amp;index=38</a>
22	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=vy3Vp0nVYE4&amp;list=PLA756190883A0FDFF&amp;index=37">https://www.youtube.com/watch?v=vy3Vp0nVYE4&amp;list=PLA756190883A0FDFF&amp;index=37</a>
23	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=07lrS7lcm1E">https://www.youtube.com/watch?v=07lrS7lcm1E</a>
24	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=nKRgBye98bg">https://www.youtube.com/watch?v=nKRgBye98bg</a>
25	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=OsgbY60vueA">https://www.youtube.com/watch?v=OsgbY60vueA</a>
26	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=KAHzxIYPIPU&amp;t=43s">https://www.youtube.com/watch?v=KAHzxIYPIPU&amp;t=43s</a>
27	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=_92lepjtE&amp;t=203s">https://www.youtube.com/watch?v=_92lepjtE&amp;t=203s</a>
28	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=eCuu_Vf_114">https://www.youtube.com/watch?v=eCuu_Vf_114</a>
29	U8 Pack	Games	<a href="https://www.youtube.com/watch?v=c_kWra3xBnA&amp;list=PLBW2jzybRsteEMEGIYagb6b4Y6XCMIsjc&amp;index=7">https://www.youtube.com/watch?v=c_kWra3xBnA&amp;list=PLBW2jzybRsteEMEGIYagb6b4Y6XCMIsjc&amp;index=7</a>

  

AGE: U10			
#	SKILL	Type	Link
1	Ball Control	Juggling	<a href="https://www.youtube.com/watch?v=Nxr9Pev3e_0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi">https://www.youtube.com/watch?v=Nxr9Pev3e_0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi</a>
2	Ball Control	Juggling	<a href="https://www.youtube.com/watch?v=MBiUt_DRSu0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=2">https://www.youtube.com/watch?v=MBiUt_DRSu0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=2</a>
3	Ball Control	Juggling	<a href="https://www.youtube.com/watch?v=rc2R4X1427s&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=3">https://www.youtube.com/watch?v=rc2R4X1427s&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=3</a>
4	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=OsgbY60vueA&amp;t=1s">https://www.youtube.com/watch?v=OsgbY60vueA&amp;t=1s</a>
5	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=y8TWiyItY8c&amp;list=PLA756190883A0FDFF&amp;index=38">https://www.youtube.com/watch?v=y8TWiyItY8c&amp;list=PLA756190883A0FDFF&amp;index=38</a>
6	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=2e0TwCa_iXU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=8">https://www.youtube.com/watch?v=2e0TwCa_iXU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=8</a>
7	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=07lrS7lcm1E&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=2">https://www.youtube.com/watch?v=07lrS7lcm1E&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=2</a>
8	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=KAHzxIYPIPU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=3">https://www.youtube.com/watch?v=KAHzxIYPIPU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=3</a>
9	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=_oytkzrYs0&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=4">https://www.youtube.com/watch?v=_oytkzrYs0&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=4</a>
10	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=_92lepjtE&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=9">https://www.youtube.com/watch?v=_92lepjtE&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfYDr9&amp;index=9</a>
11	Ball Mastery	Roll & Taps	<a href="https://www.youtube.com/watch?v=SzEv7LXgvls&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=1">https://www.youtube.com/watch?v=SzEv7LXgvls&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=1</a>
12	Ball Mastery	Roll & Taps	<a href="https://www.youtube.com/watch?v=dKluxo_-jll&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=2">https://www.youtube.com/watch?v=dKluxo_-jll&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=2</a>
13	Ball Mastery	Roll & Taps	<a href="https://www.youtube.com/watch?v=Mt2xeVaBAxk&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=3">https://www.youtube.com/watch?v=Mt2xeVaBAxk&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=3</a>
14	Ball Mastery	Roll & Taps	<a href="https://www.youtube.com/watch?v=0oCDVKeIwfS&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=5">https://www.youtube.com/watch?v=0oCDVKeIwfS&amp;list=PLr1_2mXGio95i9fZe2eFQ13ElXbhgfU3&amp;index=5</a>
15	Roll and Stop	Roll & Taps	<a href="https://www.youtube.com/watch?v=KKnDknAhCo&amp;list=PLIQLGDz03j96aVk_cWWZcsfkT9_2w5GtMV&amp;index=3">https://www.youtube.com/watch?v=KKnDknAhCo&amp;list=PLIQLGDz03j96aVk_cWWZcsfkT9_2w5GtMV&amp;index=3</a>
16	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY">https://www.youtube.com/watch?v=lJx4Koj0Zrl&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY</a>
17	Taps and roles Basic	Roll & Taps	<a href="https://www.youtube.com/watch?v=2B0H8IC5UQ0&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY&amp;index=2">https://www.youtube.com/watch?v=2B0H8IC5UQ0&amp;list=PL8Yn8g4Hbr07qp-8LgY8DX1-W1Zxa4nVY&amp;index=2</a>
18	Dribbling games	Dribbling	<a href="https://www.youtube.com/watch?v=l2D6bnMBiBw">https://www.youtube.com/watch?v=l2D6bnMBiBw</a>

**Taps, Moves, Turns, Games and Helpful  
Technical Video Sites**

#	SKILL	Type	Link
AGE: U10 Continue			
19	Different turns	TURNs	<a href="https://www.youtube.com/watch?v=ku6SmhFP8p0">https://www.youtube.com/watch?v=ku6SmhFP8p0</a>
20	Drag back	TURNs	<a href="https://www.youtube.com/watch?v=NCaS743Pw2E">https://www.youtube.com/watch?v=NCaS743Pw2E</a>
21	Drag back	TURNs	<a href="https://www.youtube.com/watch?v=NCaS743Pw2E&amp;list=PLIQGDz03j96aVkcWWZcSfKT9_2w5GtMV">https://www.youtube.com/watch?v=NCaS743Pw2E&amp;list=PLIQGDz03j96aVkcWWZcSfKT9_2w5GtMV</a>
22	Drag back Turn	TURNs	<a href="https://www.youtube.com/watch?v=YpuAC0whCY4&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=5">https://www.youtube.com/watch?v=YpuAC0whCY4&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=5</a>
23	Dribbling and Tunrs	TURNs	<a href="https://www.youtube.com/watch?v=D1iPucNaNbk">https://www.youtube.com/watch?v=D1iPucNaNbk</a>
24	Dribbling w/Laces	Dribbling	<a href="https://www.youtube.com/watch?v=JWFd0UkvPEw&amp;list=PLIQGDz03j96aVkcWWZcSfKT9_2w5GtMV&amp;index=2">https://www.youtube.com/watch?v=JWFd0UkvPEw&amp;list=PLIQGDz03j96aVkcWWZcSfKT9_2w5GtMV&amp;index=2</a>
25	Inside / Outside cut	TURNs	<a href="https://www.youtube.com/watch?v=Gms0BBPdGIy&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV">https://www.youtube.com/watch?v=Gms0BBPdGIy&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV</a>
26	Inside Cuts	TURNs	<a href="https://www.youtube.com/watch?v=yLmp9dxklgl">https://www.youtube.com/watch?v=yLmp9dxklgl</a>
27	Maradona & Cruyff Turn	TURNs	<a href="https://www.youtube.com/watch?v=zVEeum8wA6U&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=3">https://www.youtube.com/watch?v=zVEeum8wA6U&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=3</a>
28	Outside Hook	TURNs	<a href="http://www.youtube.com/watch?v=82yNVKpp6NA">http://www.youtube.com/watch?v=82yNVKpp6NA</a>
29	Step over turn	TURNs	<a href="https://www.youtube.com/watch?v=Z2XcceCE1M&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=4">https://www.youtube.com/watch?v=Z2XcceCE1M&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=4</a>
30	Stop and Turn	TURNs	<a href="https://www.youtube.com/watch?v=626PcuuXKw&amp;list=PLIQGDz03j96aVkcWWZcSfKT9_2w5GtMV&amp;index=7">https://www.youtube.com/watch?v=626PcuuXKw&amp;list=PLIQGDz03j96aVkcWWZcSfKT9_2w5GtMV&amp;index=7</a>
31	Stop turn and hook turn	TURNs	<a href="https://www.youtube.com/watch?v=djEFpvQU5A&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=7">https://www.youtube.com/watch?v=djEFpvQU5A&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=7</a>
32	U Turn and Taps	TURNs	<a href="https://www.youtube.com/watch?v=CRVWkZj0w-4">https://www.youtube.com/watch?v=CRVWkZj0w-4</a>
33	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=gt82ixhdaVY&amp;list=PL8Yn8g4Hbr07qp-8lgY8DX1-W1Zxa4nVY&amp;index=3">https://www.youtube.com/watch?v=gt82ixhdaVY&amp;list=PL8Yn8g4Hbr07qp-8lgY8DX1-W1Zxa4nVY&amp;index=3</a>
34	Ronaldo and Ronaldinho	1v1 Moves	<a href="https://www.youtube.com/watch?v=1AGgz8C8Nrc&amp;list=PLE_XRZxiHafbhzhAb7xFb0XxqcvR_yNv&amp;index=4">https://www.youtube.com/watch?v=1AGgz8C8Nrc&amp;list=PLE_XRZxiHafbhzhAb7xFb0XxqcvR_yNv&amp;index=4</a>
35	Side Step and Double Side step	1v1 Moves	<a href="https://www.youtube.com/watch?v=Zuu7mDzA2g&amp;list=PLE_XRZxiHafbhzhAb7xFb0XxqcvR_yNv&amp;index=3">https://www.youtube.com/watch?v=Zuu7mDzA2g&amp;list=PLE_XRZxiHafbhzhAb7xFb0XxqcvR_yNv&amp;index=3</a>
36	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=6dcW1vhK3Yw&amp;list=PLE_XRZxiHafbhzhAB7xFb0XxqcvR_yNv">https://www.youtube.com/watch?v=6dcW1vhK3Yw&amp;list=PLE_XRZxiHafbhzhAB7xFb0XxqcvR_yNv</a>
37	Drag Push, Scissors, Side step	1v1 Moves	<a href="https://www.youtube.com/watch?v=zQYVXRzwou4&amp;list=PLE_XRZxiHafbhzhAB7xFb0XxqcvR_yNv&amp;index=2">https://www.youtube.com/watch?v=zQYVXRzwou4&amp;list=PLE_XRZxiHafbhzhAB7xFb0XxqcvR_yNv&amp;index=2</a>
38	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=a_kzsM66g6c&amp;list=PLA756190883A0FDFF&amp;index=33">https://www.youtube.com/watch?v=a_kzsM66g6c&amp;list=PLA756190883A0FDFF&amp;index=33</a>
39	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=FvDtiF7MDgs&amp;list=PLA756190883A0FDFF&amp;index=35">https://www.youtube.com/watch?v=FvDtiF7MDgs&amp;list=PLA756190883A0FDFF&amp;index=35</a>
40	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=JN-xl8glfo4&amp;list=PLA756190883A0FDFF&amp;index=33">https://www.youtube.com/watch?v=JN-xl8glfo4&amp;list=PLA756190883A0FDFF&amp;index=33</a>
41	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=nQdTgtl8xG0&amp;list=PLA756190883A0FDFF&amp;index=28">https://www.youtube.com/watch?v=nQdTgtl8xG0&amp;list=PLA756190883A0FDFF&amp;index=28</a>
42	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=6dcW1vhK3Yw">https://www.youtube.com/watch?v=6dcW1vhK3Yw</a>
43	Dribbling & Striking the ball	Striking the ball	<a href="https://www.youtube.com/watch?v=O32wHarDd-U">https://www.youtube.com/watch?v=O32wHarDd-U</a>
44	Dribbling & Striking the ball	Striking the ball	<a href="https://www.youtube.com/watch?v=XCoSPAADFxE">https://www.youtube.com/watch?v=XCoSPAADFxE</a>
45	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=oCTEPnUV1k">https://www.youtube.com/watch?v=oCTEPnUV1k</a>
46	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=4tHE56vnQ0w">https://www.youtube.com/watch?v=4tHE56vnQ0w</a>
47	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=CIVLu-uXgPQ0">https://www.youtube.com/watch?v=CIVLu-uXgPQ0</a>
48	Striking the ball games	Striking the ball	<a href="https://www.youtube.com/watch?v=lWSkhkxDZM">https://www.youtube.com/watch?v=lWSkhkxDZM</a>
49	Passing and receiving	Striking the ball	<a href="https://www.youtube.com/watch?v=lcRx7OdyVk">https://www.youtube.com/watch?v=lcRx7OdyVk</a>
50	Striking to the goal	Striking the ball	<a href="https://www.youtube.com/watch?v=zikFAfp5TQ&amp;t=6s">https://www.youtube.com/watch?v=zikFAfp5TQ&amp;t=6s</a>
AGE: U11, U12 and 13+			
#	SKILL	Type	Link
1	Ball Control - Juggling 1	Juggling	<a href="https://www.youtube.com/watch?v=Nxr9Pev3e_0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi">https://www.youtube.com/watch?v=Nxr9Pev3e_0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi</a>
2	Ball Control - Juggling 2	Juggling	<a href="https://www.youtube.com/watch?v=MBiUt_DRSu0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=2">https://www.youtube.com/watch?v=MBiUt_DRSu0&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=2</a>
3	Ball Control - Juggling 3	Juggling	<a href="https://www.youtube.com/watch?v=rc2R4X1427s&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=3">https://www.youtube.com/watch?v=rc2R4X1427s&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=3</a>
4	Ball Control - Juggling 4	Juggling	<a href="https://www.youtube.com/watch?v=YpsliDmh6xM&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=4">https://www.youtube.com/watch?v=YpsliDmh6xM&amp;list=PLE_XRZxiHafZdcnsm2buwJDVA_0lf_moi&amp;index=4</a>
5	Sole, Heel and Toe rolls	Roll & Taps	<a href="https://www.youtube.com/watch?v=y8TWiytlY8c&amp;list=PLA756190883A0FDFF&amp;index=38">https://www.youtube.com/watch?v=y8TWiytlY8c&amp;list=PLA756190883A0FDFF&amp;index=38</a>
6	Taps on top of the ball	Roll & Taps	<a href="https://www.youtube.com/watch?v=2e0TwCa-iXU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=8">https://www.youtube.com/watch?v=2e0TwCa-iXU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=8</a>
7	Inside of the foot taps/roll	Roll & Taps	<a href="https://www.youtube.com/watch?v=07lrS7cm1E&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=2">https://www.youtube.com/watch?v=07lrS7cm1E&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=2</a>
8	Inside of the foot taps/roll	Roll & Taps	<a href="https://www.youtube.com/watch?v=KAHzxiYPIPU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=3">https://www.youtube.com/watch?v=KAHzxiYPIPU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=3</a>
9	Inside of the foot taps/roll	Roll & Taps	<a href="https://www.youtube.com/watch?v=2e0TwCa-iXU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=8">https://www.youtube.com/watch?v=2e0TwCa-iXU&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=8</a>
10	in and out double touches	Roll & Taps	<a href="https://www.youtube.com/watch?v=WS0BhRvcYrM&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=6">https://www.youtube.com/watch?v=WS0BhRvcYrM&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=6</a>
11	inside -outside	Roll & Taps	<a href="https://www.youtube.com/watch?v=cQETxljp5eOw&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=7">https://www.youtube.com/watch?v=cQETxljp5eOw&amp;list=PLE_XRZxiHafZ9UL4Nw7-bppJrw7JfyDr9&amp;index=7</a>
12	Sole And Toe Rolls	Rolls & taps	<a href="https://www.youtube.com/watch?v=y8TWiytlY8c&amp;list=PLA756190883A0FDFF&amp;index=43">https://www.youtube.com/watch?v=y8TWiytlY8c&amp;list=PLA756190883A0FDFF&amp;index=43</a>
13	In and Outside	Roll & Taps	<a href="http://www.youtube.com/watch?v=vv3vp0nYYE4&amp;list=PLA756190883A0FDFF&amp;index=42">http://www.youtube.com/watch?v=vv3vp0nYYE4&amp;list=PLA756190883A0FDFF&amp;index=42</a>
14	V Outside Pull	Roll & Taps	<a href="https://www.youtube.com/watch?v=h0hvq8KRRcu&amp;list=PLA756190883A0FDFF&amp;index=41">https://www.youtube.com/watch?v=h0hvq8KRRcu&amp;list=PLA756190883A0FDFF&amp;index=41</a>
15	Toe taps slap stepover	Roll & Taps	<a href="https://www.youtube.com/watch?v=1zk0a38xYRQ&amp;list=PLA756190883A0FDFF&amp;index=39">https://www.youtube.com/watch?v=1zk0a38xYRQ&amp;list=PLA756190883A0FDFF&amp;index=39</a>
16	Outside roll step behind	Roll & Taps	<a href="https://www.youtube.com/watch?v=a_kzsM66g6c&amp;list=PLA756190883A0FDFF&amp;index=38">https://www.youtube.com/watch?v=a_kzsM66g6c&amp;list=PLA756190883A0FDFF&amp;index=38</a>
17	Pullback around the foot	Roll & Taps	<a href="https://www.youtube.com/watch?v=qGtvUh1QEcG&amp;list=PLA756190883A0FDFF&amp;index=36">https://www.youtube.com/watch?v=qGtvUh1QEcG&amp;list=PLA756190883A0FDFF&amp;index=36</a>
18	Inside rollover step on	Roll & Taps	<a href="https://www.youtube.com/watch?v=sRzbWEb30B1&amp;list=PLA756190883A0FDFF&amp;index=32">https://www.youtube.com/watch?v=sRzbWEb30B1&amp;list=PLA756190883A0FDFF&amp;index=32</a>
19	Fance toe tapping	Roll & Taps	<a href="https://www.youtube.com/watch?v=xIltxn9A&amp;list=PLA756190883A0FDFF&amp;index=29">https://www.youtube.com/watch?v=xIltxn9A&amp;list=PLA756190883A0FDFF&amp;index=29</a>
20	Pull push, Pull behind	Roll & Taps	<a href="https://www.youtube.com/watch?v=ORsJM-Bvzl&amp;list=PLA756190883A0FDFF&amp;index=27">https://www.youtube.com/watch?v=ORsJM-Bvzl&amp;list=PLA756190883A0FDFF&amp;index=27</a>
21	Single In and Outs	Roll & Taps	<a href="https://www.youtube.com/watch?v=Snt1Sfp1R4g&amp;list=PLA756190883A0FDFF&amp;index=26">https://www.youtube.com/watch?v=Snt1Sfp1R4g&amp;list=PLA756190883A0FDFF&amp;index=26</a>
22	Pull Push Step over	Roll & Taps	<a href="https://www.youtube.com/watch?v=eBmdW7YLELQ&amp;list=PLA756190883A0FDFF&amp;index=40">https://www.youtube.com/watch?v=eBmdW7YLELQ&amp;list=PLA756190883A0FDFF&amp;index=40</a>
23	Drag back	TURNs	<a href="https://www.youtube.com/watch?v=NcaS743Pw2E">https://www.youtube.com/watch?v=NcaS743Pw2E</a>
24	Outside Hook	TURNs	<a href="http://www.youtube.com/watch?v=82yNVKpp6NA">http://www.youtube.com/watch?v=82yNVKpp6NA</a>
25	Inside Cuts	TURNs	<a href="https://www.youtube.com/watch?v=yLmp9dxklgl">https://www.youtube.com/watch?v=yLmp9dxklgl</a>
26	Step over turn	TURNs	<a href="https://www.youtube.com/watch?v=1VqPyrD1zWs&amp;feature=results_main&amp;playnext=1&amp;list=PL84183C4D3ABED6C0">https://www.youtube.com/watch?v=1VqPyrD1zWs&amp;feature=results_main&amp;playnext=1&amp;list=PL84183C4D3ABED6C0</a>
27	Inside / Outside cut	TURNs	<a href="https://www.youtube.com/watch?v=Gms0BBPdGIy&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV">https://www.youtube.com/watch?v=Gms0BBPdGIy&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV</a>
29	Double inside / Xavi Turn	TURNs	<a href="https://www.youtube.com/watch?v=YykoZL1XwLM&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=2">https://www.youtube.com/watch?v=YykoZL1XwLM&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=2</a>
30	Maradona & Cruyff Turn	TURNs	<a href="https://www.youtube.com/watch?v=zVEeum8wA6U&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=3">https://www.youtube.com/watch?v=zVEeum8wA6U&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=3</a>

**Taps, Moves, Turns, Games and Helpful  
Technical Video Sites**

AGE: U11, U12 and 13+ Continue			
#	SKILL	Type	Link
31	Step over turn	TURNS	<a href="https://www.youtube.com/watch?v=Z2XcxeCE1M&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=4">https://www.youtube.com/watch?v=Z2XcxeCE1M&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=4</a>
32	Drag back Turn	TURNS	<a href="https://www.youtube.com/watch?v=YpuAC0whCY4&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=5">https://www.youtube.com/watch?v=YpuAC0whCY4&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=5</a>
33	Stop turn and hook turn	TURNS	<a href="https://www.youtube.com/watch?v=djvEfpvQU5A&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=7">https://www.youtube.com/watch?v=djvEfpvQU5A&amp;list=PLE_XRZxiHafYji2KfOAo_a7CWGs5kISOV&amp;index=7</a>
34	Inside of the foot Twist off	TURNS	<a href="https://www.youtube.com/watch?v=UvFf8YbICtU&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP&amp;index=4">https://www.youtube.com/watch?v=UvFf8YbICtU&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP&amp;index=4</a>
35	5 turns and dribble	Turning & Dribble	<a href="https://www.youtube.com/watch?v=TlQrdVjT-xw">https://www.youtube.com/watch?v=TlQrdVjT-xw</a>
36	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=gt821xhdaVY&amp;list=PL8Yn8g4Hbr07qp-8lgy8DX1-W1Zxa4nVY&amp;index=3">https://www.youtube.com/watch?v=gt821xhdaVY&amp;list=PL8Yn8g4Hbr07qp-8lgy8DX1-W1Zxa4nVY&amp;index=3</a>
37	Ronaldo and Ronaldinho	1v1 Moves	<a href="https://www.youtube.com/watch?v=1AGgz8C8NRc&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv&amp;index=4">https://www.youtube.com/watch?v=1AGgz8C8NRc&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv&amp;index=4</a>
39	Side Step and Double Side step	1v1 Moves	<a href="https://www.youtube.com/watch?v=zUu7mDzZA2g&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv&amp;index=3">https://www.youtube.com/watch?v=zUu7mDzZA2g&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv&amp;index=3</a>
40	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=6dcW1hK3Yw&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv">https://www.youtube.com/watch?v=6dcW1hK3Yw&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv</a>
41	Drag Push, Scissors, Side step	1v1 Moves	<a href="https://www.youtube.com/watch?v=zQYVXRzwou4&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv&amp;index=2">https://www.youtube.com/watch?v=zQYVXRzwou4&amp;list=PLE_XRZxiHafbhzhAB7bXFb0XxqcvR_yNv&amp;index=2</a>
42	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=a_kzsM66g6c&amp;list=PLA756190883A0FDFF&amp;index=33">https://www.youtube.com/watch?v=a_kzsM66g6c&amp;list=PLA756190883A0FDFF&amp;index=33</a>
43	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=FyDtIF7MDgs&amp;list=PLA756190883A0FDFF&amp;index=35">https://www.youtube.com/watch?v=FyDtIF7MDgs&amp;list=PLA756190883A0FDFF&amp;index=35</a>
44	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=IN-xl8glfo4&amp;list=PLA756190883A0FDFF&amp;index=33">https://www.youtube.com/watch?v=IN-xl8glfo4&amp;list=PLA756190883A0FDFF&amp;index=33</a>
45	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=nQdTgtl8XG0&amp;list=PLA756190883A0FDFF&amp;index=28">https://www.youtube.com/watch?v=nQdTgtl8XG0&amp;list=PLA756190883A0FDFF&amp;index=28</a>
46	Dribbling Moves	1v1 Moves	<a href="https://www.youtube.com/watch?v=6dcW1hK3Yw">https://www.youtube.com/watch?v=6dcW1hK3Yw</a>
47	Inside, Inside , Inside outside	1v1 Moves	<a href="https://www.youtube.com/watch?v=44RZ4ChasC4&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP&amp;index=1">https://www.youtube.com/watch?v=44RZ4ChasC4&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP&amp;index=1</a>
48	Drag Back push forward	1v1 Moves	<a href="https://www.youtube.com/watch?v=pPBTrbrQn3Y&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP&amp;index=9">https://www.youtube.com/watch?v=pPBTrbrQn3Y&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP&amp;index=9</a>
49	Ronaldo Take on	1v1 Moves	<a href="https://www.youtube.com/watch?v=MMtMK549hRo&amp;list=PLIQGDz03j96amSra89T2ehhmreZ7A3Hxi&amp;index=2">https://www.youtube.com/watch?v=MMtMK549hRo&amp;list=PLIQGDz03j96amSra89T2ehhmreZ7A3Hxi&amp;index=2</a>
50	Alex Morgan Shooting Drill	Striking the ball	<a href="https://www.youtube.com/watch?v=CoOywfl07w&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=3">https://www.youtube.com/watch?v=CoOywfl07w&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=3</a>
51	Alex Morgan Finishing	Striking the ball	<a href="https://www.youtube.com/watch?v=G4uVzxHtfAg&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=4">https://www.youtube.com/watch?v=G4uVzxHtfAg&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=4</a>
52	More Goals with Alex Morgan	Striking the ball	<a href="https://www.youtube.com/watch?v=XicHd4l9u4&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=6">https://www.youtube.com/watch?v=XicHd4l9u4&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=6</a>
53	2 Person Passing and Receiving	Passing and Rec	<a href="https://www.youtube.com/watch?v=3fusl5944qU&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=9">https://www.youtube.com/watch?v=3fusl5944qU&amp;list=RDCMUC2VOLCrgkwtINNT-MUv8BSQ&amp;index=9</a>
54	Passing after change/ Direction	Passing and Rec	<a href="https://www.youtube.com/watch?v=Mh6XYcOy3k4">https://www.youtube.com/watch?v=Mh6XYcOy3k4</a>
55	Shooting Chanllenge	Passing and Rec	<a href="https://www.youtube.com/watch?v=zlkFAfFP5TQ&amp;t=12s">https://www.youtube.com/watch?v=zlkFAfFP5TQ&amp;t=12s</a>
56	3 Cone passing chanllenge	Striking the ball	<a href="https://www.youtube.com/watch?v=lcRxh7OdyVk">https://www.youtube.com/watch?v=lcRxh7OdyVk</a>
57	Gate Speed Passing	Striking the ball	<a href="https://www.youtube.com/watch?v=B8PCRRA1cq4">https://www.youtube.com/watch?v=B8PCRRA1cq4</a>
58	Passing and Receiving with/wall	Passing and Rec	<a href="https://www.youtube.com/watch?v=XLlWEJ9i4">https://www.youtube.com/watch?v=XLlWEJ9i4</a>
59	Passing using a wall	Passing and Rec	<a href="https://www.youtube.com/watch?v=q0bcaAty7VI">https://www.youtube.com/watch?v=q0bcaAty7VI</a>
60	Zig & Zag Shooting	Striking the ball	<a href="https://www.youtube.com/watch?v=zcF34ISctN4">https://www.youtube.com/watch?v=zcF34ISctN4</a>
61	Aguero Shooting challenge	Striking the ball	<a href="https://www.youtube.com/watch?v=zOuBLJpQkCo">https://www.youtube.com/watch?v=zOuBLJpQkCo</a>
Useful sites for IDEAS			
1	Corver Coaching NW		<a href="https://www.youtube.com/channel/UCYIdxdh4FTSg8N5x-oVLW1A">https://www.youtube.com/channel/UCYIdxdh4FTSg8N5x-oVLW1A</a>
2	<b>Football Skill Coach</b>		<a href="https://www.youtube.com/channel/UCL5dq6bB5cfOR4cSgI79Trg">https://www.youtube.com/channel/UCL5dq6bB5cfOR4cSgI79Trg</a>
3	<b>Caoch Media Group</b>		<a href="https://www.youtube.com/channel/UCDumbGRVMFj7OCxQmoxQP1g">https://www.youtube.com/channel/UCDumbGRVMFj7OCxQmoxQP1g</a>
4	<b>Soccer Skill USA</b>		<a href="https://www.youtube.com/channel/UCRNoMqHxof3Xe93y0oYldg">https://www.youtube.com/channel/UCRNoMqHxof3Xe93y0oYldg</a>
5	<b>Beast Mode</b>		<a href="https://www.youtube.com/channel/UC2VOLCrgkwtINNT-MUv8BSQ">https://www.youtube.com/channel/UC2VOLCrgkwtINNT-MUv8BSQ</a>
6	<b>Coach Thomas Vlaminck:</b>		<a href="https://www.youtube.com/channel/UCsiQ2zFgAZRTLPkVmldSdw">https://www.youtube.com/channel/UCsiQ2zFgAZRTLPkVmldSdw</a>
7	<b>Coerver United</b>		<a href="https://www.youtube.com/channel/UC88ljuCQd2Bz6Nw5c_hzstA">https://www.youtube.com/channel/UC88ljuCQd2Bz6Nw5c_hzstA</a>
8	<b>My Personal Coach</b>		<a href="https://www.youtube.com/channel/UCKyywhlhgEGTYdAebSXGaBQ">https://www.youtube.com/channel/UCKyywhlhgEGTYdAebSXGaBQ</a>
9	<b>Coerver Untied</b>		<a href="https://www.youtube.com/channel/UCOHlkVQCx6P-V99uG7y-Z9w">https://www.youtube.com/channel/UCOHlkVQCx6P-V99uG7y-Z9w</a>
10	<b>TSSA</b>		<a href="https://www.youtube.com/channel/UcvJNhFOOa9YYb8hb5hGvyQ">https://www.youtube.com/channel/UcvJNhFOOa9YYb8hb5hGvyQ</a>
11	<b>Cal south</b>		<a href="https://www.youtube.com/channel/UCwPJVCyXjnW7uiEcacUXF_w">https://www.youtube.com/channel/UCwPJVCyXjnW7uiEcacUXF_w</a>
12	<b>Yael Averbuch</b>		<a href="https://www.youtube.com/channel/UCE6t0ScToq65dDTfpfRHw">https://www.youtube.com/channel/UCE6t0ScToq65dDTfpfRHw</a>
13	<b>Skill Level 2</b>		<a href="https://www.youtube.com/watch?v=44RZ4ChasC4&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP">https://www.youtube.com/watch?v=44RZ4ChasC4&amp;list=PLIQGDz03j96boy2Yd1IIA_nm-Q2LzrfWP</a>
14	<b>Skill Level 3</b>		<a href="https://www.youtube.com/watch?v=JG2DHlaK2o&amp;list=PLIQGDz03j96amSra89T2ehhmreZ7A3Hxi">https://www.youtube.com/watch?v=JG2DHlaK2o&amp;list=PLIQGDz03j96amSra89T2ehhmreZ7A3Hxi</a>
15	<b>7MLC</b>		<a href="https://www.youtube.com/channel/UC9xRcqG8V6yNi6Hum92EoGg">https://www.youtube.com/channel/UC9xRcqG8V6yNi6Hum92EoGg</a>